

ShaRK 400m 2026: Session: 2: Startlist per athlete for TEAM: ZOLA

Coachinfo: Warming up from: 17:05 untill 18:10. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Delissen Kim

Coaches: Laermans Eline

PB => Personal Best time

Athlete: BETTENS LUCAS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	12	6	04:33.63	04:40.19	20:25

Athlete: BETTENS STAN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	7	1	05:14.79	05:14.04	20:00

Athlete: COGURCU ARDA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	7	4	no time	05:12.33	20:00

Athlete: CORNEZ MAYLIE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 13+	6	5	1	05:42.47	no time	18:45

Athlete: DE SCHEPPER LARA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 13+	6	7	1	05:14.04	05:20.35	18:55

Athlete: EL HADDOUCHI HAROUN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	8	2	05:05.96	no time	20:05

Athlete: FONTANA ALESSANDRO MARIA NIC

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	5	5	05:50.72	no time	19:45

Athlete: GOXHAIJ ANIEL

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	2	1	no time	no time	19:25

Athlete: HOROVYI MYKYTA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	12	4	04:11.37	04:18.70	20:25

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Athlete: KAHKESHAN KYAN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	1	3	06:10.72	no time	19:15

Athlete: LADEWIG SETH

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	6	5	05:22.94	05:53.30	19:50

Athlete: NAEGELS REZA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	11	1	04:40.66	04:42.57	20:20

Athlete: NULENS LILI

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 13+	6	5	4	05:49.74	05:34.58	18:45

Athlete: TSYBULNIAK KYRYL

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	9	6	05:02.14	05:02.76	20:10

Athlete: VAN DEN BOSSCHE LIA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 13+	6	4	4	05:47.98	no time	18:35

Athlete: VANDE SOMPELE HASSE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 13+	6	3	1	06:22.52	no time	18:30

Athlete: VANDE SOMPELE JITS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 13+	6	6	1	05:29.32	05:29.76	18:50

Athlete: VERDONCK STIJN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	4	5	06:06.83	no time	19:40

Athlete: WILMSEN TIM

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	1	4	no time	no time	19:15